

**FREE-- IN-SERVICE TRAINING
DAWSON/GOSPER COUNTY
SATURDAY/JANUARY 17, 2015**

**The Fitness Center
1600 WEST 13TH STREET
LEXINGTON, NE
8:30 a.m.-2:30 p.m.
6- CEU's**

TRAINING OBJECTIVES:

From the Traditionalists to the Millennials: Connecting the Generations

This session will provide an overview of concepts related to generational differences, including common characteristics and communication styles culture, oppression and privilege. This session will include time for discussion and activities. (1.5 hours with break)

The Cost of Caring: The Impact on the Responder

CASA staff and volunteers are dedicated, compassionate people, But what happens when the cost of caring starts to take a toll? This session will provide information on vicarious trauma, secondary trauma, compassion fatigue, burn out and the impact on people working with victims of abuse and trauma. Resilience factors and strategies for self-care will be address. (1.5 hours)

PRESENTER:

Michelle Zinke, MA

Training and Resource Coordinator, Nebraska Coalition to End Sexual and Domestic Violence Ms Zinke has worked in domestic violence and sexual assault agencies for nearly twenty years. For the past fourteen years she has worked for the Nebraska Coalition to End Sexual and Domestic Violence in a variety of capacities. Michelle's experience includes a history of collaborative projects with human services representatives, educators, faith communities, law enforcement, medical professionals, and other agencies seeking to address to domestic violence, dating violence, sexual assault, elder abuse and stalking. For six years she served on the Board of Directors of the Nebraska CASA Association, where she served as secretary and as president. Michelle has a Masters of Arts degree in Leadership.

CALL THE OFFICE IF YOU ARE INTERESTED IN ATTENDING
BY **JANUARY 9, 2015** 308-324-7364





AGENDA

- 8:30-9:00 Coffee/muffins/juice
- 9:00-9:15 WELCOME- Judge Wightman
- 9:15-10:30 Michelle Zinke-Session Speaker
From the Traditionalists to the Millennial: Connecting the Generations
- 10:30-10:45 BREAK
- 10:45-12:15 The Cost of Caring: The Impact on the Responder
Michelle Zinke- Session Speaker
- 12:15-12:45 LUNCH/NETWORKING
- 12:45- 1:15 BRIDGING THE GAP: Update
REF: The Somali Culture Diversity & Awareness Training Committee
- 1:15 2:00 PANEL DISCUSSION
- 2:00- 2:30 QUESTION & ANSWER SESSION

A BIG THANK YOU TO: THE "A TEAM:"

DOUG GERMAN
JIM HUDSON
DEE HUDSON
JAN GILL

