

FASD INTO ACTION WITH KAREN ANDERSON, FASD INSTRUCTOR
NORTH PLATTE, NE: SEPTEMBER 12, 2015

9:00-4:30 p.m.



PRESENTED BY THE NEBRASKA FOSTER & ADOPTIVE PARENT ASSOCIATION



Karen Anderson

FASD educator

Karen serves on the NOFAS-Missouri Board of Directors as a Parent Advocate. She received certification from the Midwest Regional FAS Training Center, Diane Malbin and FASCEFS of Portland, Oregon, and the Great Lakes FASD Training Center. Karen and her husband John are the proud parents of six children including a twelve year old with Fetal Alcohol Syndrome.

- **What is Fetal Alcohol Spectrum Disorder?**
- **What does the brain have to do with it?**
- **Learn about hands-on tools to understand and decrease challenging behaviors!**

This workshop is designed to increase understanding of Fetal Alcohol Spectrum Disorder (FASD) and other neurobehavioral differences, including developing effective parenting and professional techniques. Individuals with FASD are referred to as having an *invisible physical disability*, since there are few external physical characteristics of prenatal alcohol exposure.

Often, the only symptoms of the underlying neurological disability are behaviors. The shift in focus is from the child to the child-in-the-environment; from trying harder using increasing controlling and coercive measures, to trying differently and achieving reductions in secondary behaviors through environmental accommodations.

Participants will learn how to increase effectiveness, reduce frustration, and obtain improved outcomes in working with those with prenatal alcohol exposure.

DATE: SEPTEMBER 12, 2015—9:00 TO 4:30 PM

Sandhills Convention Center/
Quality Inn & Suites
2102 South Jeffers
North Platte, NE

Registration begins at 8:30am
Cost: \$10 per person.
Lunch not included.
Registration Required.
Questions? Call 877-257-0176

Mail Registration to:
NFAPA
2431 Fairfield Street, Suite C
Lincoln, NE 68521

**FASD into Action Workshop with Karen Anderson
September 12, 2015 in North Platte**

Name: _____ Spouse: _____
Address: _____ City/Zip: _____
Phone: _____ Alt. Phone: _____
Email: _____ Agency: _____

There will be a form available at the workshop to request reimbursement for lodging and mileage for *Western Foster Parents only* who travel more than 60 miles. Childcare will not be reimbursed. Lunch is not provided. Please make arrangements for childcare. No children at the workshop.
Registration required. Cost: \$10 per person. Lunch on your own. Send registration to address listed above.
Receive up to 6 hours of in-service credit by attending!